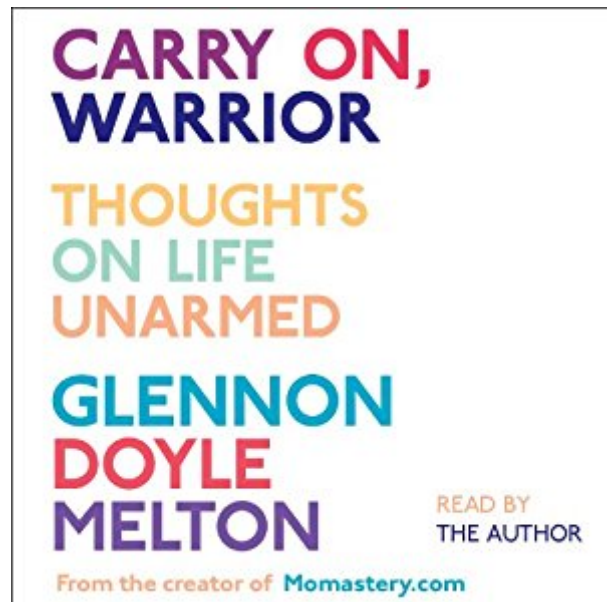


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# Carry On, Warrior: Thoughts On Life Unarmed



## Synopsis

Anne Lamott meets Elizabeth Gilbert in this inspirational, side-splittingly funny exploration of the power of living with love, forgiveness, and honesty. Glennon Melton became a sensation when her personal essays started going viral. Giving language to our universal (yet often secret) experiences, her hilarious and poignant observations were read by millions, shared among friends, discussed at water coolers, quoted in *The New York Times*, and have inspired a social movement. Melton's mistakes and triumphs, recounted with candor and humor, will encourage you to forgive yourself for your own imperfections and inspire you to make the most of life's gifts. In *Carry On, Warrior*, Melton shares her journey from reckless college girl hooked on alcohol, drugs, bulimia, and toxic relationships to becoming a sober and devoted wife, mother, daughter, sister, and teacher. Her stories embody her need to tell and hear the truth, to be sometimes brave and sometimes silent, to say I'm sorry, to trust in something more powerful than herself, and to stop making motherhood, marriage, and friendship harder by pretending they're not hard. Melton believes that by shedding our weapons and armor, we can stop hiding, competing, striving for the mirage of perfection, and ultimately build a better life in our hearts, homes, and communities. In this one woman trying love herself and others, readers will find a wise and witty friend who will embolden them to cut themselves a break and commit to small acts of love that can have an extraordinary impact. Like Geneen Roth, Glennon reminds us that the journey is the reward and teaches us how to be our best selves. Like Ann Voskamp, she shows us that even doubt-filled faith changes everything. *Carry On, Warrior* is powerful, fresh, and life-changing.

## Book Information

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## Customer Reviews

What a breath of fresh air. I have been reading Momastery for years but I felt that this book reached out to every woman who has had a past that is unconventional or difficult. Glennon's insights on how we can change the world simply by loving more thoughtfully and intentionally, even as a busy mom, made me stop and put into perspective my own life. Her writing is witty, hilarious, and purposeful. The daily antidotes about life with small children, being a believer in Jesus, a wife, sister and friend made me feel like we were kindred spirits. Kudos Glennon

I love Glennon and Momastery, and have been following her for a while. I was so excited about this book. I read it and there were definitely parts where I laughed and parts where I cried and paragraphs that I underlined and pages I dog eared to read again and again (especially "There You Are"). However, there were two things which overall I was disappointed with-1. vast majority of the book, I had already read on her blog. I found myself skipping many chapters to get to the new ones. 2. Lots of God/Jesus and religion and bible talk. Which is just not for me. FOR ME. I understand this may not be the opinion for anyone else which is why, of course, it's just that; my opinion. OK book. I'd recommend it to certain people, but not to every warrior, everywhere.

I guess I am in the minority but I usually am. I received this book from a friend so wasn't at all familiar with Melton prior to this book. I found the book very confusing and lacking direction until I figured out it was just a collection of blog posts and not an actual book with a continuous story - even the timeline jumped all around. I guess my issue was personal - I didn't like Glennon Doyle Melton. I couldn't even finish the book. I just couldn't relate to her - I found her "messiness" self inflicted - gee, so sorry you came from a great family with wonderful supportive parents who would drop everything to help you and a great relationship with your sister but still ended up partying too much and made yourself throw up because who knows why - and then even though you were a total mess and were irresponsible and got pregnant, you ended up happily married to a man who makes a lot of money so you don't have to work and had beautiful kids with him. Hmmm, how is this supposed to help me?? Take away all of your great support system, get a job, have kids with real problems, struggle with financial and marital issues and THEN talk to me about a messy (grown up) life.

I don't know how to review this book. I enjoyed parts of it. Certainly there are a couple ideas in here I find great, while not original. Unfortunately. I must question the overall veracity and authenticity of this memoir. The author jumps from the hung-over positive pregnancy test to relative marital bliss and apparently instant abstinence from drugs, alcohol, cigarettes and bingeing. We are vaguely given to understand her impending Motherhood was the impetus to overcome her addictions, however details are sorely lacking. Did she attend meetings regularly? Did she go to a treatment program or receive any professional assistance? Her story is implausible. For full disclosure, I bought the book used for a pittance, knowing what sort of book it would probably be, having read some of her blog. I first learned of Glennon from a recovery blog I follow, and wanted to learn more about this person so admired in the Community. I enjoyed some of Ms Melton's spiritual musings. Yes, some were unconventional or even awkward, but that is part of the charm. And yes being brave and kind are great things to practice and teach your kids. Unfortunately there are several things here that dilute the power of her story as they do not ring true. I do not believe that she has never cooked food for her family, as she portrays herself as "middle-class". I do not believe that she does not own pots or pans. If it is a joke, it falls very short. I do not believe she gets take out food 7 nights a week for herself and her family and maintains her weight somewhere around 100 pounds, if we are to believe her pictures. I also do not believe that she never vacuums her house, and if she doesn't, I don't find it funny. I think the story of the "instant recovery" without any of the very painful details does a disservice to the Recovery Community and sends a wrong message, even if it is true. Are you totally screwed up and using multiple substances? Don't worry, because when you really want to quit, you can, just like Glennon, and marry a wealthy man, never having to work outside the home and suffer no real consequences. Perhaps there were some consequences, for example, we learn she couldn't be a volunteer at the Nursing Home because of her past. In real life, the majority of addicts end up in prison or dead. While I admire her pluck and her philanthropy, overall her story as written greatly strains credulity, so I will have to give a thumbs down.

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